



Barnesbury Cycling Club

Est. 1923



Affiliated to: British Cycling, Northumberland & Durham Cycling Association and Cycling Time Trials

Barnesbury CC

Hilly 21

Saturday 30th March 2019

Course: M21

First Rider: 12:06

Time Keepers: Sharon Dyson & Peter McGrath

Event Secretary: Brian Bayne

33 Barrington Avenue

North Shields, NE30 3HG

brian.bayne@barnesbury-cc.co.uk

07900 885799



**Promoted for and on behalf of Cycling
Time Trials under their rules and
regulations.**



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Headquarters

Whalton Village Hall, Whalton, Morpeth NE61 3XA

Parking

Whalton Village, please respect residential spaces and access. Additional (paid) parking at Bolam Lakes Country Park (please note: access via the course so be aware of riders). Limited parking in the layby at the start, but officials need to park here so we would prefer it if competitors avoided parking here. Please use the litter bin provided for drinks and gels etc. No rubbish to be left on the course. No parking down to the bridge at the bottom of the hill 600m from the start or on the road to the right (B6524) leading to Whalton. All vehicles to be parked safely and without hindrance to other road users. CTT advise no parking on verges.

DO NOT park on the grass verges in Whalton, and take care not to block drives.

Signing on and off

Each rider must sign the sign-on sheet before collecting the designated number. Each rider must sign for themselves and nobody else. Once the course has been completed, please hand the numbers back in at the sign on. Any juniors, who have not completed a parental consent form, must do so before signing on.

Sign on will be open from 11am.

New CTT regulations state that all competitors MUST SIGN OFF. Failure to do this will result in a DNF.

Results

The results will be put on the board as they come in. Full results will be posted on the Barnesbury website after the event: <http://barnesbury-cc.co.uk/events/2019/detail/1825/Hilly-21> & CTT in due course.



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Refreshments

Refreshments will be available at the HQ after the event.

Course and Rider Information

Additional risk information for competitors

Due to the current condition of the road in various places on the course, riders must take extra care when moving on the carriageway.

It is recommended that, wherever it is safe to do so, and in showing consideration to other road users and competitors, that riders may be better riding off the gutter and nearer the centre of the road to avoid poor road conditions.

This applies whenever applicable, but with particular notice to:

1. The Start and Finish area, approximately 150 metres each direction.
2. The entire section, both directions near to and adjacent to Bolam Lake.
3. Middleton Bank, both directions but particularly outward at the top and the bottom of the dip (by gate).

These areas in particular are in poor repair on the surface of the road, with numerous potholes of quite substantial depth. Hitting these at speed, and in particular when on a Time Trial machine and on the extensions, could cause problems for both rider and machine.

Riders should take care at all times and a look at the course prior to racing is **highly recommended**.

New District Regulation re Right Hand Turns

Riders shall not cut corners at right-hand turn junctions on courses i.e. they must observe road markings and not move to the right-hand side of the road being turned out of or in to. Any rider reported not following this District Regulation shall automatically be disqualified from the event.



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Start at Belsay on unclassified road 200m north of junction of A696 and B6524.

Proceed north on unclassified road via Bolam Lake to junction with B6343 (6.4 miles).

Turn left to Scots Gap taking the first right onto unclassified road to Rothley Cross Roads (9 miles). TAKE CARE at right turn to look up for oncoming traffic.

At Rothley Cross Roads turn left onto B6342 to Cambo where left onto B6343 to Scots Gap.

Continue along B6343 to first turn right TAKE CARE at right turn to look up for oncoming traffic onto unclassified road in direction of Belsay to finish opposite start.

Safety Notes

This course is set in beautiful countryside; however it is challenging to even the most experienced riders with high speed descents, some poor road surfaces and early season weather conditions.

Riders should obey the highway code at all times and in particular not cut corners or takes risks with control of their bike on steep/long descents and into corners.

In addition to their personal safety riders also have a responsibility to the sport to ride in both a fair and safe manner.

Safety information and on the day risk assessment will be available when you sign in for the race and an experienced club member will be available for younger riders and novices to discuss any concerns about the course and conditions.



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You are advised that:

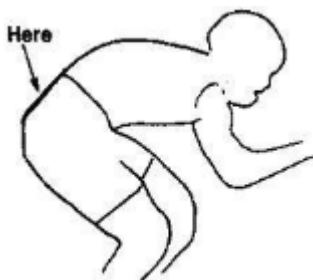
- No U-Turns are to be made in the vicinity of the timekeeper and no dismounting in the finishing area.
- Take extra care at road junctions and particularly at the T-junction for Scots Gap and the right turn for Rothley Cross Roads.
- No cutting corners or crossing white lines – if witnessed by an official you will be disqualified.
- Head up and watch out for potholes and oncoming traffic.
- TAKE GREAT CARE ON THE DESCENT AND CLIMB OF MIDDLETON BANK BECAUSE OF THE BAD ROAD SURFACE
- You are responsible for navigating the course – familiarise yourself with the course – a map is available on the Barnesbury & CTT website

In the interests of your safety, we recommend that all competitors wear a hard shell helmet and start the race with a **working red flashing rear light**.

Junior riders **MUST** wear a hard shell helmet.

Riders

To assist the timekeepers at the finish line can you please ensure that your number is correctly placed and visible from the rear in line with CTT regulations noted below. If your number is too high, the Time Keepers will not be able to see it. “The number shall be centrally positioned



below the waist so as to be clearly visible from the rear when in his normal riding position. Position number as shown.”



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If the timekeepers cannot see your number clearly by being too high or obscured by outer garment such as a gilet, your time may not be recorded resulting in a DNF.

Start Sheet

Bib	Start Time	Rider	Club
1	12:01		
2	12:02		
3	12:03		
4	12:04		
5	12:05		
6	12:06	Gareth Davies	Barnesbury CC
7	12:07	Michael Gill	EMC Cycling
8	12:08	Patrick Hamilton	Derwentside CC
9	12:09	Steve Cunningham	North Tyneside Riders CC
10	12:10	Keith Murray	DRAG2ZERO
11	12:11	Lee Statham	Houghton CC
12	12:12	Marie Lynn	Team Jadan-Weldtite p/b Vive Le Velo
13	12:13	Richard Sill	Wansbeck CC
14	12:14	Francis Smith	Derwentside CC
15	12:15	David Nearney	South Shields Velo Cycling Club
16	12:16	Marcus Cram	Blaydon CC
17	12:17	John Hopper	Zeus CRT
18	12:18	David Jones	EMC Cycling
19	12:19	Mick Chappel	North Tyneside Riders CC
20	12:20	Ian Taylor	Blumilk.com
21	12:21	Sam Murray	DRAG2ZERO
22	12:22	Michael Aspey	Reifen Racing
23	12:23	David Goodwin	Newcastle Cheviot CC
24	12:24	Richard Glennie	Barnesbury CC
25	12:25	Chris Mather	Derwentside CC
26	12:26	Gemma Frost	Team Swift
27	12:27	Paul Richardson	Wearside Triathlon
28	12:28	Ian Gallon	North Tyneside Riders CC
29	12:29	Mike Cole	Cleveland Wheelers CC
30	12:30	Ross Gray	Allen Valley Velo
31	12:31	Venda Louise Pollock	Blaydon CC
32	12:32	Lee Ridden	Reifen Racing
33	12:33	Bryan Laycock	MTS Cycle Sport



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34	12:34	Howie Buckingham	Allen Valley Velo
35	12:35	Keith Davison	Hadrian R.T
36	12:36	Rhys Warburton	South Shields Velo Cycling Club
37	12:37	Jason Robson	Derwentside CC
38	12:38	Nikki Metcalfe	Team Boompods
39	12:39	John Beecroft	Wansbeck CC
40	12:40	Ian Norris	Blumilk.com
41	12:41	Christopher Beaty	Allen Valley Velo
42	12:42	Simon Clark	GS Metro
43	12:43	Damian Chandler	Tricademy
44	12:44	Graeme Taylor	Tyne & Wear Fire & Rescue Service CC
45	12:45	Lewis Timmins	Team Swift
46	12:46	Peter Stokoe	Sunderland Clarion
47	12:47	Guillaume Zoppi	North Tyneside Riders CC
48	12:48	Bryan Ross	South Shields Velo Cycling Club
49	12:49	Joe Applegarth	Houghton CC
50	12:50	Michael Sloanes	Blumilk.com
51	12:51	James Meadows	Cleveland Wheelers CC
52	12:52	Lee Mccarron	Barnesbury CC
53	12:53	Neil Parkin	Derwentside CC
54	12:54	Laura Warburton	South Shields Velo Cycling Club
55	12:55	Philip Kennell	GS Metro
56	12:56	Mark Whaley	Blaydon CC
57	12:57	Gavin Richardson	Sunderland Clarion
58	12:58	Sean Murray	North Racing
59	12:59	Nicola Mccoy	Muckle Cycle Club
60	13:00	Andrew Duggan	Physiohaus Health and Performance
61	13:01	Christina Murray	Army Cycling
62	13:02	Adam Harrison	Barnesbury CC
63	13:03	Robert Stowers	Allen Valley Velo
64	13:04	Christopher Wayman	EMC Cycling
65	13:05	Terry Fountain	Breeze Bikes RT
66	13:06	Daryl Oguona	Tricademy
67	13:07	Jay Pitt	Derwentside CC
68	13:08	Tony Mccann	Barnesbury CC
69	13:09	Anthony Prince	Ponteland Tri
70	13:10	Richard Sharp	Team Swift
71	13:11	Darryl Manning	Allen Valley Velo
72	13:12	Sue Mcfarlane	Army Cycling
73	13:13	Clive Allan	Allen Valley Velo



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74	13:14	Michael Lynch	Derwentside CC
75	13:15	Liam Whitelaw	Zeus CRT
76	13:16	Mark Herbert	Derwentside CC
77	13:17	Mark Tully	Sunderland Clarion
78	13:18	Stephen Walton	Muckle Cycle Club
79	13:19	Byron Beatty	Alnwick & District Triathlon Club
80	13:20	Harry Walker	Revolver Racing
81	13:21	Alan Henry	Zeus CRT
82	13:22	Andrew Dickson	Berwick Wheelers Cycling Club
83	13:23	Craig Nicholl	South Shields Velo Cycling Club
84	13:24	Leigh Blanks	Derwentside CC
85	13:25	Paul Hague	Gosforth RC
86	13:26	Jordan Matthews	Adept Cycling
87	13:27	Thomas Pugh	TS Racing Team - OTR
88	13:28	Jennifer Batey	Team Boompods
89	13:29	Mark Elliott	Allen Valley Velo
90	13:30	Phil Hall	Breeze Bikes RT
91	13:31	Dean Madden	Barnesbury CC
92	13:32	Craig Bell	Allen Valley Velo
93	13:33	Colin Blacklock	Muckle Cycle Club
94	13:34	Phil Dunn	Wansbeck CC
95	13:35	John Routledge	Barnesbury CC
96	13:36	Daniel Smith	TS Racing Team - OTR
97	13:37	Ben Johnson	Derwentside CC
98	13:38	James George Dunn	South Shields Velo Cycling Club
99	13:39	Raymond Bell	Derwentside CC
100	13:40	Thomas Hutchinson	Team Kirkley Cycles
101	13:41	Joseph Hunter	Allen Valley Velo
102	13:42	Mark Ambury	Zeus CRT
103	13:43	Natalie Batey	Tyne & Wear Fire & Rescue Service CC
104	13:44	Jane Massey	Cramlington CC
105	13:45	Michael Smart	TS Racing Team - OTR
106	13:46	Phil Watson	Hadrian R.T
107	13:47	Miriam Jessett	Team Kirkley Cycles
108	13:48	Tracey Sample	Breeze Bikes RT
109	13:49	Jen McMahon	Muckle Cycle Club
110	13:50	Zeb Kyffin	Ribble Pro Cycling